



# March 2024

Cambridge Public Schools

# Kitchen Service Lunch Menu



\* Please notify the kitchen manager and Food Service office of any student allergies. Menu is subject to change\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Icon Key:</b> No Dairy, or Dairy Free Optional Halal Ingredients Vegetarian Item Contains Pork				
4	5	6	7	8
<b>Three Cheese Pasta</b> Bake Steamed Carrots Garlic Greenbeans	<b>Professional Development Day</b>  <b>No School</b>	<b>Brunch for Lunch Pancakes</b> Scrambled Eggs Roasted Potatoes	<b>Herb Roasted Chicken with a Roll</b> Mixed Veggies Maple Roast Squash	Featured Salad Option: <b>Chef Choice Salad</b> Pizza Selection Includes: <b>Veggie Pizza</b> <b>or Pepperoni</b> with Side Salad
11	12	13- Early Release Day	3,14	15
<b>Chicken and Rice</b> Soup Cheese-y Toast Baby Carrots Cucumber Coins	<b>Burger Bar: Beef</b> <b>Cheese, or Veggie</b> Lettuce and Tomato Sweet Potato Wedges Steamed Corn	<b>Chicken or Chickpea</b> <b>Biryani with Rice</b> Warm Dinner Roll Cucumber Coins	<b>Pi Day!</b> <b>Sheppard's Pie</b> Mixed Veggies Corn Bread	Featured Salad Option: <b>South West Salad</b> Pizza Selection Includes: <b>Personal Cheese</b> <b>or Pepperoni</b> with Side Salad
18	19	20	21	22
<b>Grilled Cheese</b> Tomato & Basil Soup Cucumber Salad	<b>Chili &amp; Cheese Nacho Bowl</b> Lettuce and Tomato Steamed Corn	<b>Sausage or Egg and</b> <b>Cheese Sandwich</b> Roasted Potatoes Orange Wedges	<b>Orange Chicken or</b> <b>Tofu with Rice</b> Steamed Broccoli Steamed Carrots	Featured Salad Option: <b>Chef Choice Salad</b> Pizza Selection Includes: <b>Veggie Pizza</b> <b>or Pepperoni</b> with Side Salad
25	26	27	28	29
<b>Burrito Bowl Bar</b> <b>Chicken or Bean</b> Brown Rice Cowboy Black Beans Red Pepper Corn	<b>Meatball or Beanball</b> Sub Steamed Broccoli Steamed Carrots	<b>Barbeque Chicken</b> Or Tofu Corn Bread Apple-Cabbage Slaw Potato Wedges	<b>Baked Fresh Fish Fillet</b> Herbed Rice Steamed Broccoli Baby Carrots	<b>Good Friday</b>  <b>No School</b>

## MENU NOTES

Celebrate **NATIONAL NUTRITION MONTH** with us! This year we are focusing on not just the food that goes into our bodies, but the **food system** as a whole!

We help our food system by sourcing and purchasing local produce from our friends at Boston Food Hub, halal poultry from Mayflower poultry, and fresh caught fish from Red's Best located right on Boston Harbor.

Students help the food system everyday in the cafeteria by reducing food waste, using Share Tables, and composting food scraps. The composted food scraps from our kitchens and cafeterias are collected by the Department of Public Works and turned into a form of clean energy called biogas.

We can all play a part in continuing to create a more sustainable food system!

### Lunch Menu Meal Alternates

All Vegetarian, Offered Daily

**Peanut Butter and Jelly Sandwich**  
**Yogurt with Graham Crackers**  
**Cheese Sandwich**  
 comes with choice of fruit or vegetable sides